



WHAT TO DO IN CASE OF SUSPECTED COVID-19 INFECTION

- IF:** → You or those you are caring for show symptoms of covid-19 infection
- You or those you are caring for have had close contact with someone who has covid-19:
 - call your family doctor and ask for instructions
 - if he/she doesn't answer, call the national coronavirus number or "112"
 - go into self-isolation, avoid social contacts, including with those who live with you, until the doctor gives you instructions
 - don't go to a hospital or clinic unless the doctor expressly tells you to
 - don't take drugs without a doctor's prescription
 - if the doctor asks for a swab test, follow the instructions given to you, and until the result is known do not go out and do not have contact with anyone

REMEMBER THAT COVID-19 SYMPTOMS ARE SIMILAR TO THOSE OF MANY COMMON DISEASES AND THAT EVEN ASYMPTOMATIC PERSONS CAN TRANSMIT THE INFECTION. SO ALWAYS PAY CLOSE ATTENTION, FOR YOURSELF AND THOSE YOU ARE CARING FOR.

IF A DOCTOR OR THE HEALTH AUTHORITIES ORDER HOME ISOLATION FOR YOU OR THOSE YOU ARE CARING FOR:

- Do not go out. Avoid contact with anyone at all
- Stay in a separate room from the other people in your home
- If possible, reserve a bathroom exclusively for yourself
- Maintain your social contacts by phone and Internet
- Ask and offer help in procuring necessities
- Take your temperature every morning and evening
- If symptoms appear or worsen, call your doctor at once
- Wear a face mask if you have to come into contact with others
- Wash your hands often
- Air rooms out frequently
- Follow the rules of respiratory hygiene scrupulously
- Have special dishes and silverware, sheets and towels, reserved for your exclusive use
- Dispose of potentially contaminated waste separately
- Sanitize the surfaces of the rooms you have stayed in
- Never suspend the quarantine without the doctor's permission



IF YOU ARE CARING FOR A PERSON WHO HAS OR IS SUSPECTED OF HAVING COVID-19, ALWAYS USE PROPER PERSONAL PROTECTIVE EQUIPMENT AND SCRUPULOUSLY FOLLOW THE RULES OF HYGIENE

