

## SYMPTOMS

## DIAGNOSIS

## VULNERABLE GROUPS

## CASE DEFINITION

## WHAT ARE THE MOST COMMON SYMPTOMS?

- TEMPERATURE
- COUGH
- BREATHING DIFFICULTY
- SORE THROAT
- MUSCLE PAIN
- GENERAL TIREDNESS

In molti pazienti è stata riscontrata la perdita di gusto e olfatto come sintomo iniziale.

## HOW IS THE DIAGNOSIS MADE?

- ➔ Self-diagnosis is not possible
- ➔ Presence of the disease must be confirmed by nasopharyngeal swab
- ➔ The swab has to be analysed in laboratories certified by the Istituto Superiore della Sanità
- ➔ Only a physician can prescribe the swab test, after assessing clinical symptoms and the patient's medical history



## IS THERE A CURE?

- As yet no drug has been approved for treatment or prevention of Covid-19.
- Important: avoid “do-it-yourself” medication and taking drugs without a doctor's prescription.
- For patients with mild symptoms, physicians may prescribe ordinary anti-flu drugs.

## WHO IS MOST AT RISK?

## THE ELDERLY

## THOSE WITH PRE-EXISTING CONDITIONS

So it is essential to shelter older people and those with chronic diseases from the risk of infection, preventing contact with people who may potentially be infected.

## WHO IS POTENTIALLY INFECTED?

- People with Covid-19 symptoms
- People who have been in close contact with someone who has the disease and may be contagious, transmitting the virus even while showing no symptoms

## WHAT DO WE MEAN BY “CLOSE CONTACT”?

- Living in the same house with someone who is positive for the virus
- Direct physical contact (embracing, shaking hands) with someone who is positive
- Touching objects that are potentially infected (dirty handkerchiefs, clothing, etc.)
- Being in an indoor environment for at least 15 minutes at a distance of less than 2 meters from someone who is positive

If you think you have Covid-19 symptoms or have been in close contact with someone who has the disease, **you must immediately notify your family doctor** or else call your Region's toll-free number for coronavirus.

